



Eye Movement Desensitization & Reprocessing (EMDR) Training

For Community Mental Health Providers

Introduction

All Star Children's Foundation (ASCF) is hosting an EMDR Learning Collaborative to increase access to evidence-based, trauma-informed interventions for at-risk families in our community. We are delivering a training series that trains mental health providers in high-fidelity delivery of EMDR while at the same time building an organizational culture that sustains the practice. ASCF is accepting applications from community mental health providers who serve Medicaid and/or child welfare populations and can commit fully to the 5-month Learning Collaborative series.

What is EMDR?

Eye Movement Desensitization and Reprocessing (EMDR) is a psychotherapy treatment that was originally designed by Francine Shapiro to alleviate the distress associated with traumatic memories. Shapiro's Adaptive Information Processing model suggests EMDR enables the accessing and processing of traumatic memories and other adverse life experiences to an adaptive resolution. EMDR enables the processing of traumatic memories by attending to emotionally disturbing material in brief sequential doses while simultaneously focusing on an external stimulus of bi-lateral eye movements, tapping, and/or audio. Successful treatment with EMDR therapy results in relieved affective distress, redeveloped beliefs, and reduced physiological arousal.

Why a Learning Collaborative Approach?

The Learning Collaborative Approach to training brings together teams of clinicians, supervisors, and senior leaders from various organizations to work together to learn a new practice and plan for effective implementation of the practice within an agency.

WHEN

Part 1:

**Thursday, May 18th
Friday, May 19th and
Saturday, May 20th**



Part 2:

**Thursday, June 22
Friday, June 23rd and
Saturday, June 24th**

For more information:



Review application information and requirements [here](#).



Attend Informational Call on March 9, 2023 @ 2pm. [Click here for Zoom link.](#)

LOCATION

All Star Children's Foundation
3300 17th Street
Sarasota, FL 34235

Questions?

Call or email Cindy Howard at CindyH@allstarchildren.org | 941-217-6503